

## What is SDMyLife?

SDMyLife is a free, online career exploration and academic planning resource for South Dakota students grades 6-12. With the support of teachers, counselors, parents and community members, this program offers tools and resources to assists students in better understanding themselves and how their interests, skills and knowledge relate to real-world academic and career opportunities.

## What resources are available BEFORE logging into SDMyLife? In other words, what can I access without my child's account?

Students and parents can explore dual credit opportunities, learn about student organizations, find career camps, sepuldiscover testing options, link to various resources, order SDMyLife magazines and much more.

## What resources are available AFTER logging into SDMyLife?

Students and parents can view over 600 career profiles, explore college profiles, take assessments to align their interests

to careers, create online portfolios to save career development activities, study for the ACT and much more.

How do students login to SDMyLife?

Each student will have a unique username and password. Username: Student accounts are defaulted to "SD—" followed by their SIMS number. (Example: SD—123456789) Password: The first time a student logs in to SDMyLife, their password will be their date of birth: MMDDYYYY Students will be prompted to change their password the first time they log in to their account.

## What happens after the student graduates high school?

Students have access to their SDMyLife account for 5 years after they graduate. However, students that graduated in 2018 and prior will only be able to access their Career Cruising account by using the username and password provided by Career Cruising. Students that graduate after 2018 will access their Xello account using the same username and password is as they did prior to graduation. For verification purposes, we ask students contact educators at their school to request access information. Educators should export students' usernames at the end of each school year and keep them in a secure location. For additional assistance contact megan.tatum@state.sd.us.

Website Link: <a href="http://sdmylife.com/">http://sdmylife.com/</a>

For more information, please contact Miss Shannon.